

QUARTER 4/ JAN - MAR 22

hoot
creative arts

OUT OF THE BLUE & BREATHING SPACE



Being creative
makes you feel good

Highlights

This quarter we continued with our full offer of online and in-person groups across 2 locations. We kept our Covid-19 safety precautions in place and when these were put to the test we were pleased to see that no one has caught Covid-19 at **hoot**.

We worked on getting referrals up this quarter – awareness raising at International Womens Day, Brian Jackson House and the Huddersfield Art Gallery all fed toward that goal.

We continue to limit group numbers for safety and this does have an impact on our overall attendance. If we get to a place where the booking system is not needed – if Covid-19 rates have a sustained fall – then we are hopeful that this will lead to a more free flowing approach that will allow for more people in the room.

“

**Fantastic in all ways,
Being with others and
sharing ideas, loving
each others work.
Brilliant, thank you hoot**

”



INTERNATIONAL WOMENS DAY EVENT

We joined with partners to organise and contribute to a fantastic one day event in Dewsbury. Our visual artist Sally Barker ran a popular art workshop wherein participants created ‘flower bombs’: compostable tissue flowers that they decorated, filled with seeds and could go home and plant.



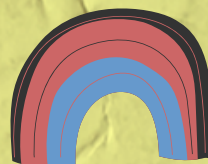
SPECTRUM DELIVERY MODEL

We invested time in trialling a live stream delivery model that engaged people in the room and people at home at the same time with the hope that we can bring the community feeling of the groups to people unable to attend in person.



SOCIAL MEDIA PRESENCE

We saw a strong positive response across our platforms to posts for Brew Monday (Blue Monday), Time to Talk, and our coverage of the partnership International Women’s Day event.



RAINBOW MOODS

Breathing Space participants shared thoughts about colours and their interpretations. The words on a page were transformed into a song in which participants played and sang with much humour and satisfaction.

Out of the Blue activities



MUSIC

In Dewsbury our artist was Chris Ruffoni - leading the group in a session he has toured around national festivals - making wind chimes which were cut to chosen lengths to create a variety of tones. The group loved creating custom made instruments which, after making music together, they could take home with them.

After sessions writing punk music with students from Leeds Conservatoire, the Huddersfield group took part in a trial to see if our online and in person groups can collaborate. On Wednesdays, the online group would compose text-based pieces which are then taken to the Thursday in-person group. The online group then attend on Thursday virtually: chatting with the people attending, offering suggestions for performance, and playing along. Here's the album they created: [PUNK!](#)

The Techknow digital music group have been working together to 'digitally jam': a novel way of working in what can be a traditionally quite individualistic artform.

VISUAL ARTS

3 different artists have led groups this quarter: Muzarat Raza, Vic Cruz and Sally Barker. The activity in the sessions has spanned ceramics, paper-pulp modelling, stencilling and embroidery. We have put on an additional Huddersfield visual art group due to high demand so in total there are 4 groups including online.

SINGING

The online singing group worked on sea shanties – focussing on call and response songs as well as the rich imagery of the culture surrounding these songs. The in person groups worked on harmonies and rounds.

CREATIVE WRITING

Rose Condo was drawing inspiration from the work of different writers each week: looking at Wordsworth and nature, Lemn Sissay's work with rhythms in words and Carol Ann Duffy's writing. Winston Plowes was then working on writing to do with our hands: working individually and as a group to make tactile visual pieces that stretch and redefine the form of poetry.



“ The session is an oasis of creativity and calm during my week. It's been fab being able to get stuck into a project I feel excited about and week by week seeing progress be made, not just by me but everyone. ”

In-person activity

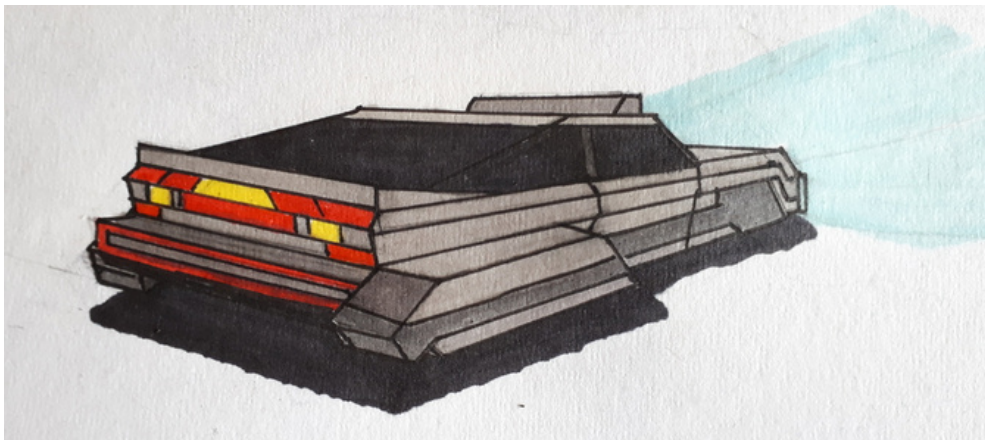
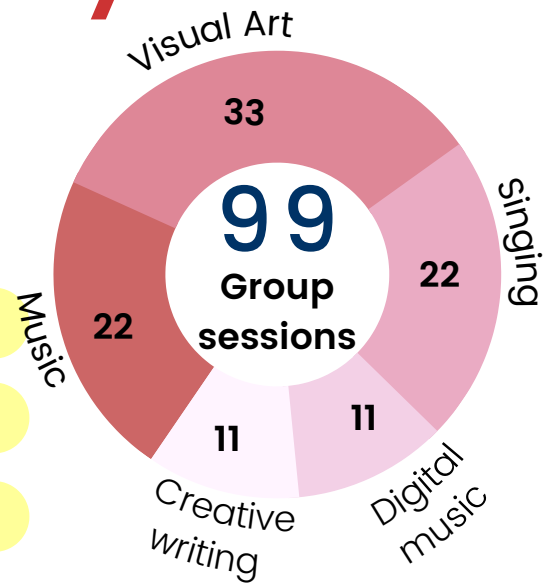


40 people received 1-1 welcome phone calls

85 attendees to in-person activities

986 hours of contact with participants

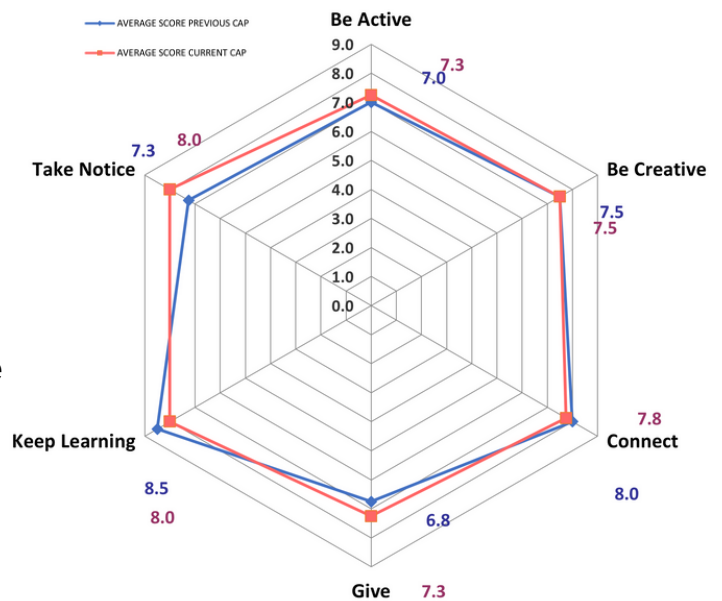
5 volunteer trainings



Credit: work by James S

Outcomes

CAP scores remained relatively steady this quarter, with some indices seeing a slight increase and some a slight decrease. Anecdotally we know people are still struggling with the return to 'normal' and anxiety about an ongoing threat from Covid-19.

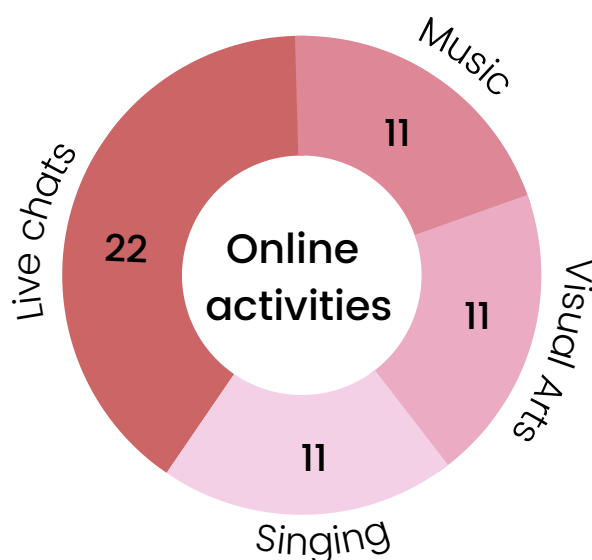


“

His goal is to keep coming to hoot as it is a good routine for him. He feels connected to hoot and he is always learning new skills while in the sessions. He wouldn't be doing creative activities without us and he is active as he gets out of the house at the same time.

”

hoot from home activity



35 participants engaged online



372 hours of contact with participants online



114 comments/repies

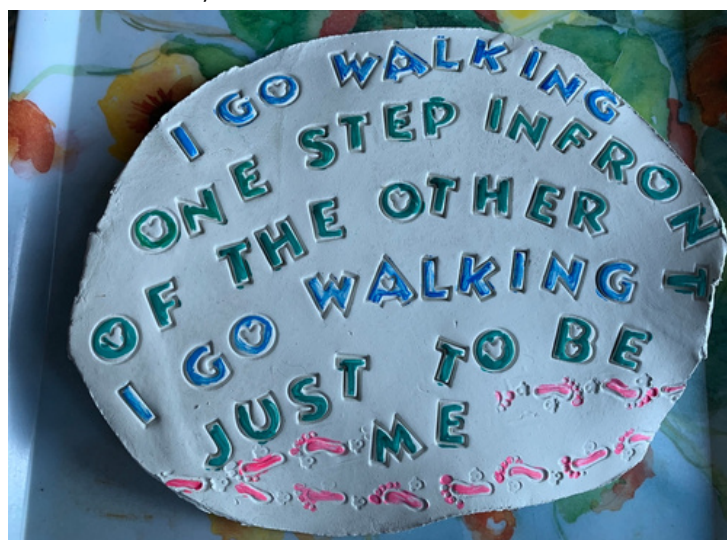
86 new posts

500 visits to the site

>9 hours

spent offline on average per person, continuing creative work independently.

Credit: work by Janine



“ I love coming to art because it helps me feel less isolated. It means a lot to me to come here and be around people. I also love it because the staff are lovely and they have taught me loads of skills I never tried before. ”

People



What next?

We continue to protect against Covid in groups whilst maintaining creativity and connection at the heart of all we do. We hope that Covid-19 rates will allow some flexibility in precautions but as we work with people who have vulnerabilities we want to feel secure in this before taking action. We continue to receive positive feedback from participants that they feel safe whilst at our activities.

The Working Together Better partnership continues to be a strategic and operational touchstone: the International Women's Day event was another successful collective endeavour.



Breathing Space

This quarter started with visual art sessions with artist Sally Barker. Participants worked with clay were invited to bring objects to sessions which they could use to make imprinted patterns and textures on the flattened clay - items included doilies, pine cones, cutlery and event dolls house furniture. Once dried the pieces we painted and some incorporated into an existing piece of work on the hoot wall.

Musician Rob Crisp followed with sessions using colours as their theme. Participants talked about different colours and words and feelings they associated with them. These musings were then developed as a group into the lyrics of a song called Rainbow moods. Each participant contributed using voice, keyboards and percussion. They were very pleased with the finished song and will receive a CD of their composition once it is edited.



8 participants
accessing the
Breathing Space
service



> 132
hours of contact
with participants



3 new referrals
to the service



North Kirklees
sessions launching
next quarter

“

I haven't done anything like this since
school; we've been that involved we didn't
even pour our coffee. (Carer)

”

Average impact of Breathing Space sessions

Data scores collected in Quarter 4 continue to show positive outcomes for Breathing Space participants.

Communication between you & the person you care for	Relationship between you & the person you care for	How well the person you care for involved themselves	Benefits for the person you care for
4.3	4.8	4.9	4.4

1 = No Impact and 5 = High impact for each area.



“ I enjoyed the music sessions. It's amazed me that she can remember songs from week to week but can't remember what she's just watched on TV. I think it's because we've been involved in the process of writing the songs right from the beginning. I get a lot of benefit from coming too.
(Carer)

”



hoot creative arts

Bates Mill, Milford Street, Huddersfield, HD1 3DX
01484 516224 | www.hootcreativearts.co.uk

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